

# The Wasagan



Official Newsletter of Beachcombers Probus, P.O. Box 321, Wasaga Beach, Ontario L9Z 1A4
International Website: www.probus.org/canada.htm
Newsletter Site: www.probus.org/11wasbcrn.pdf

September 6, 2011

Volume 9, Issue 1

SEPTEMBER GENERAL MEETING

TODAY'S SPEAKER: Irene Walker

# MEMBERSHIP FEES ARE NOW DUE – IF YOU HAVE NOT DONE SO PLEASE SUBMIT A CHEQUE TO OUR MEMBERSHIP CONVENORS TODAY

#### PRESIDENTS MESSAGE

Chuckles, Giggles and Belly Laughs: We laugh naturally and spontaneously many times a day for different reasons. Some experts feel laughter is as important to our physical, emotional and mental well being as eating nutritional foods, exercising and developing relationships.

BETH AGNEW a certified laughter teacher and technical communications professor at Seneca College is convinced that you can use laughter as an antidote for depression, managing stress and to boost your immune system – all improve your ability to think and make decisions. We do know from clear day to day evidence that the act of laughing is contagious. When you see someone else laughing you are more inclined to laugh yourself.

Laughter clubs started in India during the mid 90's - today there are 6,000 clubs in 60 different countries, including 90 in Canada.

I believe there is an upside to everything – I look for the funny things around me. People who laugh seem to have a more positive outlook on the world and are generally in a better mood.

So what I suggest is – keep happy company. If there are people in your life who bring you down – Avoid Them – if at all possible. If you are down – get with happy people – Be Brave, Be Risky, Be Silly – Don't worry what people think.

Laugh, Laugh, Laugh and it has been proven you will live longer.

President Monica Kristen

#### AUGUST SPEAKER

Jennie Elmslie and her partner Matt Code spoke to the membership about their company "Free Spirit Tours." They each talked about their initial interest in the great outdoors and how they explored the idea of forming a business partnership. Their location is at Schooner Park where they organize groups of children between the ages of 7 and 16 to explore rock climbing, canoeing and sea kayaking. As well as their interesting experiences with "Free Spirit Tours" they also give back to the community. This takes the form of promoting the purchase of food locally and a 'not for profit' garden, plus working with local schools in cleaning up weeds making it a better place to live. Jennie and Matt presented a brief video and concluded by taking questions from the members.

### THANK YOU TO THE GREETERS FOR OUR AUGUST MEETING Don and Marion Belgum. If you would like to be a greeter, please speak to Betty Baker.

#### WELCOME TO OUR NEW MEMBERS

Betty Baker will introduce new members when they attend the General Meeting: none this month.

#### GOODWILL

A card was sent to Charlie Doidge. If you know of someone who has an ailment and could use the moral support of a card, please let our Goodwill Ambassador, Shirley Brett, know.

#### PAST SOCIAL EVENTS

#### Tuesday, August 9, 2011, 2:00 PM - Golf Tournament

Our annual Golf Tournament was held at Marlwood Golf Club. The day started with some threatening looking clouds but, by the time the group gathered, the sun was shining and everyone enjoyed an afternoon of golf followed by a steak dinner at the clubhouse. Members of the winning team were Ron Searl, Joanne Scruton, Bob Bowyer and Joan Porter. Marie Jany and Fraser Muir shot the longest drives and Ross Dawe and Joan Porter won 'closest to the hole'. Everett Rivait won the putting contest.

#### UPCOMING SOCIAL EVENTS

#### Wednesday, August 31, 2011, 2:00 PM - King's Wharf Theatre

This event – Who's Under Where? at the King's Wharf Theatre – is our September event, held just a little early. The event had not taken place at the writing of this article but, judging by past performances, I'm sure everyone will enjoy an afternoon of laughter near the beautiful waterfront in Penetanguishene.

#### October 13, 2011 - Frank Tate Memorial Car Tour

Planning is well underway for our fall car tour. **Tom and Irene Donohue** have graciously agreed to organize this event closely following the original route of one of Frank's tours. Tickets will be available at today's meeting. For \$22.00 per person, you will enjoy a car tour (4 to a car), complete with the fall colours of our spectacular region, a questionnaire to complete along the way, a snack mid-afternoon and lovely dinner at a surprise location to be discovered at the end of the tour. There will be prizes for those in the car with the most correct answers to the questionnaire. Be sure to purchase your tickets for this event.

#### November, 2011

We're planning an evening of country dancing at a local venue for November. This event will be for beginners and those who are country dance devotees. Stay tuned for more information!!

#### December 2, 2011

Mark this date on your calendars! Our annual Christmas Dinner/Dance will be held at the Collingwood Legion on Friday, December 2. Details will be available at the October meeting.

#### **AUGUST LUCKY DRAW WINNERS**

1st prize of \$ ---- \$58.00 Janet Wright

2<sup>nd</sup> prize of \$ ----\$37.00 Ray Porter

3rd prize of \$ -----\$29.00 Don Belgum

4th prize of \$ ---- \$22.00 Pat Caron

Gift Certificate for \$40.00 for Pizza Dee's won by Joan Porter

PLEASE BRING
COINS TO THE
LUCKY DRAW TABLE

#### BIRTHDAYS/ANNIVERSARIES

Best wishes to all those who celebrate in September.

MEET YOUR MEMBER— August's Profiler was Don Belgum. Don gave a very informative portrait of his life beginning in England where he was born. He fascinated members with tales of his interesting career and travels throughout the world, the famous people he met and the situations he encountered with diplomats and leaders in these countries. Don and his wife Marion came to Canada and fell in love with

the country before they even landed. We are lucky they chose our area to settle for their retirement and look forward to their participation as our new Speaker and Profile Convenors.

### MEMBERS WHO PRESENT THEIR PROFILE WILL BE ENTERED INTO A DRAW FOR A FREE BEACHCOMBERS PROBUS MEMBERSHIP!

Contact **Don** and/or **Marion Belgum** at 705 812-1668 for information regarding "Meet Your Member" profiles. They will be pleased to help you compose and read your profile at a specified monthly meeting.

NOTE: SOME OF US ARE NOT COMFORTABLE GIVING OUR PROFILE BUT MAYBE YOU WOULD LIKE TO SHARE A STORY, MEMORIES OF A SPECIAL VACATION (WITH A SLIDE SHOW), A FAVOURITE HOBBY OR SOME OTHER SPECIAL INTEREST, LET OUR SPEAKER CONVENORS KNOW AND THEY WILL SCHEDULE YOU IN!

#### SPECIAL INTEREST GROUPS

If you are considering organizing any type of interest group, please approach the Executive Committee. Special interest groups are open to Beachcombers Probus members only.

If you are interested in joining any of these special interest groups below, or want to find out more information regarding the group, please contact the person whose name appears beside the activity.

If you wish to have some interesting information regarding your group entered in the monthly newsletter, please contact the newsletter editor **Tom Donohue** by email at this special address: newslettertom@rogers.com

SPECIAL INTEREST	CONTACT NAME	PHONE NO.	SPECIAL INTEREST	CONTACT	PHONE NO.
Afternoon Luncheon Cuisiners			Restaurant Dinner Club	Sandra Hanson	422-0227
Bid Euchre	Paul Turner	352-0747	Happy Bookers Club	Mary Barnes	429-2142
Book Worms Club	Kathy Dunnett	352-0100	Kitchen Bridge	Betty Keyes Loraine Doidge	429-6064 422-0622
Daytrippers	Betty Keyes	429-6064	Regular Euchre		
Dinner at our Place	Steve and Jan Bivall	429-7584	ROMEO - Men's Breakfast	Bob Bowyer	429-0579
First Edition Book Club	Betty Montgomery	429-6854	GOLF We Need You		
Genealogy Group	Sandra Hanson	422-0227	YOUR SPECIAL Your name INTEREST HERE here		

<u>RESTAURANT DINNING CLUB</u> – This group is starting up again thanks to <u>Sandra Hanson</u> so make sure you sign the interest sheet on the social tables if you are interested in visiting many various area restaurants for an evening meal with other like-interested members.

DINNER AT OUR PLACE SPECIAL REQUEST The 'Dinner-at-Our-House' group is desperately in need of more substitute couples (can be same sex pairs as well). Our group of 24 couples meets every month for dinner at 6 different houses, 8 people at each house. However, we are a great bunch for holidays and travelling so it is difficult to cover for all the absent members every month and then when the substitute couples also go away, it gets very challenging. Being a substitute couple is a great deal, particularly if you enjoy good eating and interesting conversation. If a substitute couple is called by me to fill in for a couple in the monthly schedule of dinners, they will have a choice of convenient dates provided by the host. The substitute couple might also be called to fill in for someone on short notice. You will never be asked to host, but will bring the component of the dinner the original couple was responsible for: either, appetizers, soup or salad or a dessert of your choice. We all bring our own beverage (usually wine) and pay \$22. minus what it costs you to make your food contribution. If you are interested, call me, Jan Bivall at 429-7584 or e-mail me at: <a href="mailto:stevebivall@gmail.com">stevebivall@gmail.com</a> and be prepared for some good eating and good company.

Happy Bookers Club and Book Worms Club are on hiatus for the summer.

#### First Edition Book Club

In August, The First Edition Book Club read <u>Clara Callan</u> by Richard B. Wright. It's the story of two sisters in the 1930s. Clara, the central character, lives with here older sister and teaches school in a small Ontario town known as Whitfield. Her younger sister Nora, has moved to New York City where she becomes a successful radio soap opera star. The story is told through letters that the sisters exchange over the years along with those from Evelyn, their lesbian friend, who is a charismatic and smart writer for the successful radio program. The sisters are vastly different in personality, yet inextricably linked by a shared past. Nora's letters reveal that life in the big city is less exotic than it seems, and the tranquil solitude of Clara's life is shattered by a series of unforeseeable events. Our book club members had mixed opinions of this book. It was rated 3 out of 5.

#### Daytrippers

On Monday, August 29, the daytrippers drove out to Montana's in Collingwood for a nice leisurely lunch. After that we drove to the Village of Blue Mountain and went to Cock-a-doodle-do to paint our own piece of pottery. We each picked a white unglazed piece of pottery to work on. There was a very large selection to choose from at various price points. We painted the pieces in a variety of colours and were proud of what we had done. We will see the end result on Friday after the firing is done. We enjoyed our experience so much we could not leave and walked around the village eating ice cream cones. One little hair raising incident though – I managed to drive the wrong way on the roundabout and scared the living daylights out of myself and all my passengers. The other drivers going in the right direction were not very pleased. I did manage to get my car straightened out and drove home safely and uneventfully. WHEW! (Thanks to Valerie Mottram for this summary)

#### ROMEO - Men's Breakfast Group

The ROMEO (Men's) Breakfast group meets on the last Wednesday of the month for fellowship and a good breakfast. We rotate between 4 or 5 local restaurants. Our next breakfast will be at Mosley Street Grill on Wednesday, September 28 at 9:00 AM. We have 27 in our group. If at any time you wish to join us please call Bob Bowyer at 429-0579.

#### DON'T FORGET:

- The Secretary's Minutes of the last General Meeting and the Treasurer's Summary of the Club's finances are posted at the front of the room. Please read them!
- Please notify the Membership Convener of any changes to your address, phone number, e-mail address, etc. We realize this is a continuing reminder, but it is very important!
- Please pass information regarding sickness, hospital stays, or death of a member to our Goodwill Convener, Shirley Brett. If you don't tell us, we may miss sending out a card.
- Our New Member Ambassador, Betty Baker, is always available to give you information about our Club and its activities.

#### PROBUS CANADA WIDE BULLETIN BOARD

A bulletin board posting is available to Probus Clubs. The address is <a href="www.probus.org/bulletin.htm">www.probus.org/bulletin.htm</a>. When you are unable to attend a meeting, you can access your copy of *The Wasagan* at <a href="www.probus.org/11wasbcrn.pdf">www.probus.org/11wasbcrn.pdf</a> (Please contact the *The Wasagan* Editor if you do not have a computer.)

## \*Next Management Meeting is on Tuesday, September 20th at Tom Donohue's place.\*

President	Monica Kristen	429-9635	Membership	Vincy and Gene Stephenson	422-0201
Vice-President	Gene Stephenson	422-0201	Refreshments	Susan & Brian Passmore	422-1956
Past President	Don Caron	429-0308	Lucky Draw	Rickey Lemire	422-1738
Secretary	Betty Keyes	429-6064	Goodwill	Shirley Brett	429-8907
Treasurer	Kathy Zack	429-0033	Newsletter	Tom Donohue	429-0907
New Members	Betty Baker	422-1909	Social	Diane Nagel	the second second second second second
Speaker and Profiles Chair	Don and Marion Belgum	812-1668	00000	Didne Nager	428-3209

NEXT GENERAL MEETING TUESDAY, OCTOBER 4, 2011 THE WASAGA STARS ARENA

Arrive early to enjoy coffee and tea with your friends prior to the meeting at 10:00 a.m.

Remember to bring your "Probus" mug and wear your name tag.